

RESULTS  
EAST WALES CLUBS ROAD RACE CHAMPIONSHIP  
NEWPORT HALF MARATHON  
**CLUB TEAM RESULT**  
SUNDAY 3rd MARCH 2019

09/03/2019  
22:06

POSITION	CLUB 'A' TEAM	RUNNERS	SCORE	POINTS
1	Lliswerry Runners	6	5945	30
2	Caerphilly Runners	6	5821	29
3	Chepstow Harriers	6	5783	28
4	Caerleon Running Club	6	5762	27
5	Islwyn Running Club	6	5730	26
6	Pont-Y-Pwl & District Runners	6	5683	25
7	Spirit of Monmouth	6	5646	24
8	Caldicot Running Club	6	5600	23
9	Griffithstown Harriers	6	5302	22
10	Fairwater Runners Cwmbrian	6	5153	21
11	Parc Bryn Bach Running Club	6	4736	20
12	Ystrad Mynach Running Club	5	4222	19
13	Micky Morris Racing Team	4	3980	18
14	Mynyddwyr de Cymru	2	1921	17
15	Usk Runners	2	1677	16
16	Ebbw Vale Running Club	1	808	15
17	Blaenau Gwent Athletics Club	1	742	14
	Brecon Athletic Club	0	0	0
	Brecon Triathlon Club	0	0	0
	Builth & District Running Club	0	0	0
	Cwmbrian Harriers	0	0	0
	Hengoed Harriers	0	0	0
	Monross Trailblazers	0	0	0
	Mynydd Du	0	0	0
	Newport Harriers	0	0	0
	Rhayader Running Club	0	0	0
	Rhymney Valley Athletic Club	0	0	0
	Torfaen Runners	0	0	0

POSITION	CLUB 'B' TEAM	RUNNERS	SCORE	POINTS
1	Lliswerry Runners	6	5857	30
2	Caerphilly Runners	6	5433	29
3	Caerleon Running Club	6	5277	28
4	Pont-Y-Pwl & District Runners	6	5242	27
5	Chepstow Harriers	6	5184	26
6	Islwyn Running Club	6	4987	25
7	Spirit of Monmouth	6	4935	24
8	Griffithstown Harriers	6	4429	23
9	Caldicot Running Club	4	3030	22
10	Fairwater Runners Cwmbrian	4	3020	21
11	Parc Bryn Bach Running Club	2	1293	20
	Blaenau Gwent Athletics Club	0	0	0
	Brecon Athletic Club	0	0	0
	Brecon Triathlon Club	0	0	0
	Builth & District Running Club	0	0	0
	Cwmbrian Harriers	0	0	0
	Ebbw Vale Running Club	0	0	0
	Hengoed Harriers	0	0	0
	Micky Morris Racing Team	0	0	0
	Monross Trailblazers	0	0	0
	Mynydd Du	0	0	0
	Mynyddwyr de Cymru	0	0	0
	Newport Harriers	0	0	0
	Rhayader Running Club	0	0	0
	Rhymney Valley Athletic Club	0	0	0
	Torfaen Runners	0	0	0
	Usk Runners	0	0	0
	Ystrad Mynach Running Club	0	0	0

POSITION	CLUB 'C' TEAM	RUNNERS	SCORE	POINTS
1	Lliswerry Runners	6	5781	30
2	Caerphilly Runners	6	5138	29
3	Caerleon Running Club	6	5046	28
4	Pont-Y-Pwl & District Runners	6	4961	27
5	Chepstow Harriers	6	4687	26
6	Islwyn Running Club	6	4677	25
7	Griffithstown Harriers	4	2588	24
8	Spirit of Monmouth	1	633	23
	Blaenau Gwent Athletics Club	0	0	0
	Brecon Athletic Club	0	0	0
	Brecon Triathlon Club	0	0	0
	Builth & District Running Club	0	0	0
	Caldicot Running Club	0	0	0
	Cwmbrian Harriers	0	0	0
	Ebbw Vale Running Club	0	0	0
	Fairwater Runners Cwmbrian	0	0	0
	Hengoed Harriers	0	0	0
	Micky Morris Racing Team	0	0	0
	Monross Trailblazers	0	0	0
	Mynydd Du	0	0	0
	Mynyddwyr de Cymru	0	0	0
	Newport Harriers	0	0	0
	Parc Bryn Bach Running Club	0	0	0
	Rhayader Running Club	0	0	0
	Rhymney Valley Athletic Club	0	0	0
	Torfaen Runners	0	0	0
	Usk Runners	0	0	0
	Ystrad Mynach Running Club	0	0	0

RESULTS  
EAST WALES CLUBS ROAD RACE CHAMPIONSHIP  
NEWPORT HALF MARATHON  
**FEMALE TEAM RESULT**  
SUNDAY 3rd MARCH 2019

22:06  
09/03/2019

POSITION	FEMALE 'A' TEAM	RUNNERS	SCORE	POINTS
1	Llswerry Runners	6	5977	30
2	Caerleon Running Club	6	5882	29
3	Caerphilly Runners	6	5813	28
4	Chepstow Harriers	6	5736	27
5	Pont-Y-Pwl & District Runners	6	5719	26
6	Islwyn Running Club	6	5653	25
7	Spirit of Monmouth	6	5616	24
8	Griffithstown Harriers	6	5432	23
9	Fairwater Runners Cwmbran	4	3758	22
10	Caldicot Running Club	4	3751	21
11	Parc Bryn Bach Running Club	4	3678	20
12	Ystrad Mynach Running Club	2	1938	19
13	Blaenau Gwent Athletics Club	1	926	18
	Brecon Athletic Club	0	0	0
	Brecon Triathlon Club	0	0	0
	Builth & District Running Club	0	0	0
	Cwmbran Harriers	0	0	0
	Ebbw Vale Running Club	0	0	0
	Hengoed Harriers	0	0	0
	Micky Morris Racing Team	0	0	0
	Monross Trailblazers	0	0	0
	Mynydd Du	0	0	0
	Mynyddwyr de Cymru	0	0	0
	Newport Harriers	0	0	0
	Rhayader Running Club	0	0	0
	Rhymney Valley Athletic Club	0	0	0
	Torfaen Runners	0	0	0
	Usk Runners	0	0	0

POSITION	FEMALE 'B' TEAM	RUNNERS	SCORE	POINTS
1	Llswerry Runners	6	5889	30
2	Caerleon Running Club	6	5677	29
3	Caerphilly Runners	6	5353	28
4	Pont-Y-Pwl & District Runners	6	5353	27
5	Chepstow Harriers	6	5303	26
6	Islwyn Running Club	6	5243	25
7	Griffithstown Harriers	2	1680	24
	Blaenau Gwent Athletics Club	0	0	0
	Brecon Athletic Club	0	0	0
	Brecon Triathlon Club	0	0	0
	Builth & District Running Club	0	0	0
	Caldicot Running Club	0	0	0
	Cwmbran Harriers	0	0	0
	Ebbw Vale Running Club	0	0	0
	Fairwater Runners Cwmbran	0	0	0
	Hengoed Harriers	0	0	0
	Micky Morris Racing Team	0	0	0
	Monross Trailblazers	0	0	0
	Mynydd Du	0	0	0
	Mynyddwyr de Cymru	0	0	0
	Newport Harriers	0	0	0
	Parc Bryn Bach Running Club	0	0	0
	Rhayader Running Club	0	0	0
	Rhymney Valley Athletic Club	0	0	0
	Spirit of Monmouth	0	0	0
	Torfaen Runners	0	0	0
	Usk Runners	0	0	0
	Ystrad Mynach Running Club	0	0	0

POSITION	FEMALE 'C' TEAM	RUNNERS	SCORE	POINTS
1	Llswerry Runners	6	5705	30
2	Caerleon Running Club	6	5456	29
3	Pont-Y-Pwl & District Runners	3	2541	28
4	Chepstow Harriers	3	2519	27
5	Caerphilly Runners	2	1679	26
6	Islwyn Running Club	2	1289	25
	Blaenau Gwent Athletics Club	0	0	0
	Brecon Athletic Club	0	0	0
	Brecon Triathlon Club	0	0	0
	Builth & District Running Club	0	0	0
	Caldicot Running Club	0	0	0
	Cwmbran Harriers	0	0	0
	Ebbw Vale Running Club	0	0	0
	Fairwater Runners Cwmbran	0	0	0
	Griffithstown Harriers	0	0	0
	Hengoed Harriers	0	0	0
	Micky Morris Racing Team	0	0	0
	Monross Trailblazers	0	0	0
	Mynydd Du	0	0	0
	Mynyddwyr de Cymru	0	0	0
	Newport Harriers	0	0	0
	Parc Bryn Bach Running Club	0	0	0
	Rhayader Running Club	0	0	0
	Rhymney Valley Athletic Club	0	0	0
	Spirit of Monmouth	0	0	0
	Torfaen Runners	0	0	0
	Usk Runners	0	0	0
	Ystrad Mynach Running Club	0	0	0

RESULTS  
EAST WALES CLUBS ROAD RACE CHAMPIONSHIP  
NEWPORT HALF MARATHON  
SUNDAY 3rd MARCH 2019

22:06  
09/03/2019

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSITION	EWCRRC FEMALE TEAM POSITION	RACE NO	FIRSTNAME	LASTNAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1	1		1320	Chris	Carpanini	Micky Morris Racing Team	Male	1000	
4	2		2134	James	Elgar	Micky Morris Racing Team	Male	999	
8	3		6298	Stefan	Simms	Micky Morris Racing Team	Male	998	
13	4		2138	Richard	Elgar	Lliswerry Runners	Male	997	
17	5		6024	Martyn	Winsler	Chepstow Harriers	Male	996	
21	6		2008	Lee	Drew	Lliswerry Runners	Male	995	
22	7		6198	David	Hazell	Caerphilly Runners	Male	994	
29	8		5271	Paul	Murrin	Chepstow Harriers	Male	993	
36	9		5008	Rhys	Knight	Lliswerry Runners	Male	992	
37	10		5179	Rob	Nicholls	Spirit of Monmouth	Male	991	
38	11		2605	Oliver	Harris	Lliswerry Runners	Male	990	
42	12		6247	Daniel	Thrift	Caerphilly Runners	Male	989	
45	13		5022	Steven	Lane	Islwyn Running Club	Male	988	
50	14		2642	Paul	Hayward	Islwyn Running Club	Male	987	
51	15		922	Jon	Belcher	Lliswerry Runners	Male	986	
55	16		5938	Daniel	Whaites	Lliswerry Runners	Male	985	
57	17		2826	Alexander	Hutton-Lewis	Caerphilly Runners	Male	984	
58	18		2530	Iestyn	Rhodes	Micky Morris Racing Team	Male	983	
61	19		6291	James	Kershaw-Naylor	Lliswerry Runners	Male	982	
62	20	1	6037	Emma	Wooley	Lliswerry Runners	Female	981	1000
67	21		5509	Dan	Reilly	Lliswerry Runners	Male	980	
68	22		5239	chris	morgan	Caerleon Running Club	Male	979	
71	23		5180	Allan	meek	Spirit Of Monmouth	Male	978	
76	24		2517	Jonathan	Carter	Chepstow Harriers	Male	977	
78	25		6088	Rhys	Williams	Mynyddwyr De Cymru	Male	976	
91	26		6202	craig	hopkins	Pont-Y-Pwl & District Runners	Male	975	
95	27		2460	Simon	Gill	Lliswerry Runners	Male	974	
109	28		5539	Andrew	Wright	Caerleon Running Club	Male	973	
116	29		841	Richard	Basham	Lliswerry Runners	Male	972	
122	30		2481	Matthew	Golledge	Caerphilly Runners	Male	971	
134	31		6180	CJ	de Mooi	Caldicot Running Club	Male	970	
144	32		825	Jamie	Goddard	Chepstow Harriers	Male	969	
146	33	2	1966	Elizabeth	Dimond	Lliswerry Runners	Female	968	999
151	34		6207	Kraig	Jackson	Lliswerry Runners	Male	967	
153	35		5927	Sam	Skelton	Lliswerry Runners	Male	966	
154	36		1172	David	Brown	Lliswerry Runners	Male	965	
157	37	3	5877	jade	wakley	Caerleon Running Club	Female	964	998
164	38		5854	Carl	Urquhart	Pont-Y-Pwl & District Runners	Male	963	
167	39		5427	Christopher	Potter	Lliswerry Runners	Male	962	
170	40	4	6107	Sian	Loveless	Lliswerry Runners	Female	961	997
179	41		2609	Paul	Harris	Lliswerry Runners	Male	960	
190	42		2032	Kevin	Dupe	Caerleon Running Club	Male	959	
191	43		6245	Miles	Thomas	Lliswerry Runners	Male	958	
193	44		2703	Patrick	Hoare	Lliswerry Runners	Male	957	
200	45		5900	Dorian	Waters	Islwyn Running Club	Male	956	
206	46		5390	Gavin	Perkins	Lliswerry Runners	Male	955	
207	47		5066	Spencer	Lewis	Lliswerry Runners	Male	954	
208	48	5	1615	Clare	Corten	Lliswerry Runners	Female	953	996
211	49		777	Shane	Baker	Pont-Y-Pwl & District Runners	Male	952	
212	50		6072	Paul	Pritchard	Lliswerry Runners	Male	951	
214	51		1758	Gareth	Davies	Pont-Y-Pwl & District Runners	Male	950	
216	52	6	1062	Rachel	Bowen	Lliswerry Runners	Female	949	995
218	53		655	Paul	Adams	Caerleon Running Club	Male	948	
220	54		6300	Victor	Chip	Caerphilly Runners	Male	947	
223	55		5406	David	Phillips	Lliswerry Runners	Male	946	
224	56		1290	mark	buxton	Mynyddwyr De Cymru	Male	945	
231	57		6269	Sam	Harvey	Islwyn Running Club	Male	944	
233	58		6172	Laurie	Carter	Chepstow Harriers	Male	943	
237	59		5379	Andrew	Pearce	Griffithstown Harriers	Male	942	
240	60		5798	Jack	Thomas	Lliswerry Runners	Male	941	
241	61		2953	Christopher	Jones	Lliswerry Runners	Male	940	
258	62	7	5769	Lowenna	Taylor	Caerleon Running Club	Female	939	994
259	63		5914	Bob	Watson	Lliswerry Runners	Male	938	
262	64		1633	Matt	Creed	Lliswerry Runners	Male	937	
268	65	8	1752	Emma	Edwards	Caerphilly Runners	Female	936	993
270	66		5978	Stephen	williams	Caerphilly Runners	Male	935	
271	67		5888	Nicholas	Walsh	Griffithstown Harriers	Male	934	
273	68		5719	Martin	Stark	Pont-Y-Pwl & District Runners	Male	933	
274	69		5493	Nathan	Reeks	Caldicot Running Club	Male	932	
275	70	9	5101	Katy	Luff	Caldicot Running Club	Female	931	992
276	71		5946	David	Wherry	Caldicot Running Club	Male	930	
285	72		5644	Luc	Shide	Islwyn Running Club	Male	929	
288	73	10	2995	EMMA	KING	Spirit Of Monmouth	Female	928	991
290	74		2540	Justin	Griffiths	Lliswerry Runners	Male	927	
291	75		6272	Neil	Profit	Islwyn Running Club	Male	926	
292	76		2823	Nicholas	hurley	Caerphilly Runners	Male	925	

CONTACT :  
Martyn Jenkins  
ewcrrc@gmail.com

RESULTS  
EAST WALES CLUBS ROAD RACE CHAMPIONSHIP  
NEWPORT HALF MARATHON  
SUNDAY 3rd MARCH 2019

22:06  
09/03/2019

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSITION	EWCRRC FEMALE TEAM POSITION	RACE NO	FIRSTNAME	LASTNAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
293	77		5142	David	Mather	Spirit Of Monmouth	Male	924	
294	78	11	5027	Sarah	Lauder	Lliswerry Runners	Female	923	990
298	79		1458	Michael	Cleaver	Lliswerry Runners	Male	922	
301	80		5399	Steven	phillips	Parc Bryn Bach Running Club	Male	921	
302	81		5873	Damian	Waite	Caldicot Running Club	Male	920	
307	82		2564	Gareth	Hall	Lliswerry Runners	Male	919	
308	83		5676	Lee	Smith	Lliswerry Runners	Male	918	
310	84		885	Richard	Beach	Caldicot Running Club	Male	917	
311	85		5701	Andrew	Spencer	Griffithstown Harriers	Male	916	
312	86	12	5605	Sammi	Toop	Lliswerry Runners	Female	915	989
313	87		2482	Malc	Gonnella	Fairwater Runners Cwmbra	Male	914	
319	88		1005	Martin	Blakebrough	Spirit Of Monmouth	Male	913	
322	89	13	5106	Lucy	MacDonald	Spirit of Monmouth	Female	912	988
326	90		2287	Luke	Felton	Spirit of monmouth	Male	911	
332	91		5025	Keith	langley	Pont-Y-Pwl & District Runners	Male	910	
334	92		6089	Neale	Wood	Lliswerry Runners	Male	909	
338	93	14	5448	Kimberley	Price	Parc Bryn Bach Running Club	Female	908	987
363	94		5918	Ricci	Watts	Pont-Y-Pwl & District Runners	Male	907	
370	95		5103	Stuart	Lukins	Lliswerry Runners	Male	906	
372	96		872	Mark	Batten	Chepstow Harriers	Male	905	
376	97		5466	Mark	Prosser	Fairwater Runners Cwmbra	Male	904	
382	98	15	2839	Claire	Jackson	Spirit Of Monmouth	Female	903	986
384	99		1813	Martin	Davies	Lliswerry Runners	Male	902	
385	100		2212	David	Strawbridge	Lliswerry Runners	Male	901	
387	101		5054	Robert	Lewis	Caerphilly Runners	Male	900	
396	102	16	2861	Lisa	Jeffrey	Chepstow Harriers	Female	899	985
400	103		5919	Graham	Wearne	Ystrad Mynach Running Club	Male	898	
402	104		903	Rhys	Bebb	Lliswerry Runners	Male	897	
406	105		5061	Dave	Lewis	Lliswerry Runners	Male	896	
407	106		5462	David	Proffitt	Lliswerry Runners	Male	895	
411	107		5592	Kevin	Russell	Lliswerry Runners	Male	894	
412	108		5963	Neil	Williams	Caerleon Running Club	Male	893	
413	109		2792	Arwel	Hughes	Caerphilly Runners	Male	892	
417	110	17	1871	Naomi	Davies	Caerphilly Runners	Female	891	984
418	111		6218	Andrew	Little	Caerphilly Runners	Male	890	
420	112		5530	Tom	Riddington	Chepstow Harriers	Male	889	
422	113	18	5430	Angela	potter-collins	Lliswerry Runners	Female	888	983
427	114	19	2391	Tammy	Fry	Caerleon Running Club	Female	887	982
433	115	20	6184	Nettie	Dumayne	Lliswerry Runners	Female	886	981
445	116		2975	JOHN	KERRY	Caerleon Running Club	Male	885	
446	117		2912	Ryan	Jones	Caerleon Running Club	Male	884	
452	118		2046	Martyn	Dursley	Lliswerry Runners	Male	883	
462	119	21	2972	Sarah	Kembrey	Lliswerry Runners	Female	882	980
466	120		5213	Mike	Moore	Ystrad Mynach Running Club	Male	881	
470	121		1206	Gareth	Brunnock	Lliswerry Runners	Male	880	
471	122	22	966	Clare	Biddlecombe	Lliswerry Runners	Female	879	979
477	123		5488	Richard	Rawlings	Spirit Of Monmouth	Male	878	
478	124		2625	Paul	Harvey	Pont-Y-Pwl & District Runners	Male	877	
479	125		5419	Mike	Pobjoy	Lliswerry Runners	Male	876	
486	126		2305	Simon	Fish	Pont-Y-Pwl & District Runners	Male	875	
487	127		5013	Richard	Hazell	Caerphilly Runners	Male	874	
488	128	23	5212	Jennifer	Moore	Ystrad Mynach Running Club	Female	873	978
501	129		5461	Michael	Probert	Pont-Y-Pwl & District Runners	Male	872	
511	130	24	2478	Tamanda Tc	Godwin	Lliswerry Runners	Female	871	977
514	131		2931	Martyn	Jones	Lliswerry Runners	Male	870	
516	132		925	Jason	Bellia	Lliswerry Runners	Male	869	
519	133	25	576	Sara	Williams	Caerphilly Runners	Female	868	976
522	134		2340	Christian	Ford	Caerleon Running Club	Male	867	
523	135		5930	Peter	Welbirg	Griffithstown Harriers	Male	866	
525	136		2832	Ceri	Irvine	Caerphilly Runners	Male	865	
526	137		5879	Neil	Walker	Usk Runners	Male	864	
527	138	26	5753	Kim	Cawardine	Chepstow Harriers	Female	863	975
539	139		5414	Andy	Piper	Caerphilly Runners	Male	862	
542	140		2235	Antony	Evans	Caerleon Running Club	Male	861	
548	141		5821	Michael	Titley	Lliswerry Runners	Male	860	
549	142		1706	John	Dally	Lliswerry Runners	Male	859	
550	143		2926	Randal	Jones	Lliswerry Runners	Male	858	
553	144	27	5834	Emma	Tracey	Caldicot Running Club	Female	857	974
557	145		5006	Jonathan	Knight	Pont-Y-Pwl & District Runners	Male	856	
558	146	28	6234	Nicola	Smith	Pont-Y-Pwl & District Runners	Female	855	973
561	147	29	5214	Charlotte	Moran	Caerleon Running Club	Female	854	972
562	148		5458	Jason	pritchard	Caerleon Running Club	Male	853	
572	149		1677	Alistair	Cummings	Pont-Y-Pwl & District Runners	Male	852	
580	150		5309	Andrew	Oliver	Chepstow Harriers	Male	851	
581	151	30	5970	Paula	Williams	Caerleon Running Club	Female	850	971
582	152	31	5523	Bethan	Richardson	Pont-Y-Pwl & District Runners	Female	849	970

CONTACT :  
Martyn Jenkins  
ewcrrc@gmail.com

RESULTS  
EAST WALES CLUBS ROAD RACE CHAMPIONSHIP  
NEWPORT HALF MARATHON  
SUNDAY 3rd MARCH 2019

22:06  
09/03/2019

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSITION	EWCRRC FEMALE TEAM POSITION	RACE NO	FIRSTNAME	LASTNAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
583	153		5525	David	Richardson	Pont-Y-Pwl & District Runners	Male	848	
590	154	32	2879	JEANETTE	Jenkins	Fairwater Runners Cwmbran	Female	847	969
591	155		5668	Stephen	Smith	Fairwater Runners Cwmbran	Male	846	
593	156	33	5911	Jennifer	Watkins	Pont-Y-Pwl & District Runners	Female	845	968
602	157		5353	Neill	Parker	Islwyn Running Club	Male	844	
605	158	34	5722	Jayne	Stephens	Caerphilly Runners	Female	843	967
606	159		2697	Richard	Hipkiss	Chepstow Harriers	Male	842	
617	160	35	6041	Marina	Wright	Spirit Of Monmouth	Female	841	966
620	161		5924	Don	Webber	Chepstow Harriers	Male	840	
626	162	36	5520	Elizabeth	Richards	Caerleon Running Club	Female	839	965
634	163	37	5230	Melissa	Morgan	Islwyn Running Club	Female	838	964
646	164		2106	John	Edwards	Llswerry Runners	Male	837	
653	165		2973	Jonathan	Kendall	Llswerry Runners	Male	836	
662	166		827	Gareth	Barrington	Llswerry Runners	Male	835	
664	167		2598	Wesley	Harris	Caerleon Running Club	Male	834	
670	168		2838	Paul	Ivin	Islwyn Running Club	Male	833	
671	169		5043	Craig	Lehaj	Islwyn Running Club	Male	832	
672	170		1472	Andrew	Cockeram	Llswerry Runners	Male	831	
676	171	38	2896	michelle	johnston	Llswerry Runners	Female	830	963
677	172	39	5191	Natalie	Meyrick	Griffithstown Harriers	Female	829	962
682	173		5267	Timothy	Murphy	Fairwater Runners Cwmbran	Male	828	
699	174		1778	Andrew	Davies	Llswerry Runners	Male	827	
701	175	40	5985	Alison	Williams	Caerphilly Runners	Female	826	961
704	176		2038	Paul	Dursley	Llswerry Runners	Male	825	
712	177	41	2849	Claire	James	Ystrad Mynach Running Club	Female	824	960
713	178		835	Andrew	Barry	Llswerry Runners	Male	823	
720	179		5449	Kerry	Price	Islwyn Running Club	Male	822	
725	180		5759	Richard	Talbot	Llswerry Runners	Male	821	
727	181		5986	Paul	Williams	Llswerry Runners	Male	820	
736	182		5884	Dean	Wallbank	Caerphilly Runners	Male	819	
743	183	42	1429	Sheryl	Clark	Islwyn Running Club	Female	818	959
745	184	43	5600	Louise	Saddler	Islwyn Running Club	Female	817	958
746	185	44	5195	Sarah	Miles	Caerleon Running Club	Female	816	957
751	186	45	2497	Daniela	Gormley	Griffithstown Harriers	Female	815	956
752	187	46	1315	Kelly	Cameron	Fairwater Runners Cwmbran	Female	814	955
755	188		5582	Nick	Anderson	Usk Runners	Male	813	
758	189		5431	Richard	Powell	Llswerry Runners	Male	812	
760	190	47	6130	Fern	Powell	Caerleon Running Club	Female	811	954
769	191	48	5070	Jane	Lewis	Fairwater Runners Cwmbran	Female	810	953
782	192		5591	Jason	Russell	Islwyn Running Club	Male	809	
787	193		2898	John	Johnston	Ebbw Vale Running Club	Male	808	
790	194		2755	Kevin	Howells	Caerphilly Runners	Male	807	
794	195	49	5853	sue	Urbano	Llswerry Runners	Female	806	952
810	196	50	5752	Kirsten	Suttill	Chepstow Harriers	Female	805	951
813	197	51	5844	Hayley	Tunnacliffe	Caerleon Running Club	Female	804	950
818	198	52	5273	Louise	Muteham	Llswerry Runners	Female	803	949
819	199		2974	lyndon	kenney	Griffithstown Harriers	Male	802	
829	200		2316	Alan	Fishwick	Llswerry Runners	Male	801	
832	201		713	Gerard	Ashton	Chepstow Harriers	Male	800	
833	202		2845	Scott	Hayden	Llswerry Runners	Male	799	
836	203		5159	Edward	McDaid	Caerleon Running Club	Male	798	
840	204		768	Andy	Baker	Fairwater Runners Cwmbran	Male	797	
847	205		2218	HUW	Evans	Llswerry Runners	Male	796	
854	206	53	5118	Emma	Maloney	Llswerry Runners	Female	795	948
856	207		5119	John	Maloney	Llswerry Runners	Male	794	
859	208		2581	Paul	Hancox	Griffithstown Harriers	Male	793	
861	209	54	6232	Melanie	Shipton	Llswerry Runners	Female	792	947
863	210		5904	Chris	Watkins	Llswerry Runners	Male	791	
864	211		6085	Martin	Pring	Caerphilly Runners	Male	790	
871	212	55	2021	Kelly	Driscoll	Llswerry Runners	Female	789	946
872	213		451	Peter	OLivier	Caerleon Running Club	Male	788	
880	214		5992	Lloyd	Williams	Llswerry Runners	Male	787	
892	215		2847	Shane	James	Pont-Y-Pwl & District Runners	Male	786	
895	216		6166	Carl	Brace	Islwyn Running Club	Male	785	
900	217		766	David	Bailyes	Caerphilly Runners	Male	784	
902	218		6302	Tim	Wright	Llswerry Runners	Male	783	
903	219		725	Howard	Attwood	Llswerry Runners	Male	782	
906	220	56	5696	Karen	southgate	Pont-Y-Pwl & District Runners	Female	781	945
940	221		682	Stuart	Allen	Pont-Y-Pwl & District Runners	Male	780	
953	222		5996	steve	williams	Llswerry Runners	Male	779	
954	223	57	5750	Pamela	Suter	Chepstow Harriers	Female	778	944
956	224	58	5376	Karen	Payne	Caerleon Running Club	Female	777	943
964	225	59	2573	Katie	Hamer	Parc Bryn Bach Running Club	Female	776	942
977	226		6205	Oliver	Hughes	Llswerry Runners	Male	775	
984	227		5720	Spiro	Stathakis	Llswerry Runners	Male	774	
985	228		5506	Brett	Regulski	Chepstow Harriers	Male	773	

CONTACT :  
Martyn Jenkins  
ewcrrc@gmail.com

RESULTS  
EAST WALES CLUBS ROAD RACE CHAMPIONSHIP  
NEWPORT HALF MARATHON  
SUNDAY 3rd MARCH 2019

22:06  
09/03/2019

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSITION	EWCRRC FEMALE TEAM POSITION	RACE NO	FIRSTNAME	LASTNAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
989	229		2739	Stephen	Houghton	Caerleon Running Club	Male	772	
997	230		2681	Christopher	Hill	Caerleon Running Club	Male	771	
1001	231		1951	Antony	Derrick	Caerleon Running Club	Male	770	
1003	232		1617	Ben	Cottam	Caerphilly Runners	Male	769	
1008	233		2770	Stuart	Howison	Llswerry Runners	Male	768	
1022	234	60	5417	Rachel	Plowman	Chepstow Harriers	Female	767	941
1030	235		887	Tom	Beale	Caldicot Running Club	Male	766	
1033	236		6177	Nick	Davies	Llswerry Runners	Male	765	
1036	237	61	1794	Bridget	Davies	Chepstow Harriers	Female	764	940
1037	238	62	5352	Caren	Parker	Islwyn Running Club	Female	763	939
1043	239	63	5712	Emma	Spuffard	Caldicot Running Club	Female	762	938
1050	240	64	6093	Julie	twist	Caerleon Running Club	Female	761	937
1059	241	65	1421	Michelle	Clabon	Caerleon Running Club	Female	760	936
1063	242		5076	David	Limbrick	Islwyn Running Club	Male	759	
1068	243	66	5869	Yangi	Vundamina	Caerleon Running Club	Female	758	935
1069	244	67	2876	Ceri	Jenkins	Llswerry Runners	Female	757	934
1071	245		2688	Andy	Hillis	Spirit Of Monmouth	Male	756	
1073	246		5728	Chris	Stevens	Llswerry Runners	Male	755	
1076	247		5829	Matt	Tooby	Caerleon Running Club	Male	754	
1081	248	68	1705	Melinda	Daley	Pont-Y-Pwl & District Runners	Female	753	933
1083	249	69	5007	Sophie	Knight	Caerphilly Runners	Female	752	932
1084	250	70	1938	Chelsea	Dennison	Llswerry Runners	Female	751	931
1090	251		830	Tracey	Barrington	Llswerry Runners	Male	750	
1091	252		6013	Steve	Williams	Llswerry Runners	Male	749	
1102	253	71	2485	Michelle	Gooch	Pont-Y-Pwl & District Runners	Female	748	930
1105	254	72	1658	Elizabeth	Crook	Llswerry Runners	Female	747	929
1134	255		877	Karl	Baynton	Ystrad Mynach Running Club	Male	746	
1135	256		5867	Grahame	Viner	Caerleon Running Club	Male	745	
1138	257	73	2716	Kirsty	Holtham-Morgan	Islwyn Running Club	Female	744	928
1141	258	74	5936	Rachel	West	Caerleon Running Club	Female	743	927
1142	259	75	5792	Caroline	Thomas	Blaenau Gwent Athletics	Female	742	926
1150	260	76	5628	Stephanie	Secker	Llswerry Runners	Female	741	925
1151	261	77	2706	Victoria	hobbs	Llswerry Runners	Female	740	924
1155	262	78	5781	Michelle	Taylor	Chepstow Harriers	Female	739	923
1156	263	79	1124	Sonja	Breese	Llswerry Runners	Female	738	922
1158	264	80	5795	Charlotte	Thomas	Llswerry Runners	Female	737	921
1160	265	81	737	Rachel	Avon	Llswerry Runners	Female	736	920
1162	266	82	6102	kathryn	price	Parc Bryn Bach Running Club	Female	735	919
1169	267		1660	Steve	Crowther	Llswerry Runners	Male	734	
1170	268		5604	Stuart	Salvage	Llswerry Runners	Male	733	
1180	269	83	1514	Kathryn	Collins	Llswerry Runners	Female	732	918
1188	270		1476	peter	Colbourne	Fairwater Runners Cwmbran	Male	731	
1189	271		6051	Gareth	Yeoman	Llswerry Runners	Male	730	
1190	272	84	940	Jayne	Bentall	Llswerry Runners	Female	729	917
1192	273	85	5706	Linda	Spillane	Llswerry Runners	Female	728	916
1195	274		6101	Stephen	Whelband	Parc Bryn Bach Running Club	Male	727	
1208	275	86	5358	Katherine	Parkinson	Pont-Y-Pwl & District Runners	Female	726	915
1251	276	87	1753	Julie	Davies	Llswerry Runners	Female	725	914
1261	277	88	5228	Kay	Morgan	Pont-Y-Pwl & District Runners	Female	724	913
1275	278	89	2795	Shell	Hughes	Caerleon Running Club	Female	723	912
1289	279	90	1099	Kelly	Brace	Llswerry Runners	Female	722	911
1291	280		5874	Laurence	Waite	Llswerry Runners	Male	721	
1292	281	91	1812	Vicky	Davies	Llswerry Runners	Female	720	910
1295	282	92	6275	Jayne	Walters	Pont-Y-Pwl & District Runners	Female	719	909
1310	283		1371	Dafydd	Challenger	Griffithstown Harriers	Male	718	
1312	284	93	2534	Claire	Griffiths	Caerphilly Runners	Female	717	908
1317	285	94	6299	Eleanor	Mowell	Llswerry Runners	Female	716	907
1324	286	95	2591	anita	harper	Caerphilly Runners	Female	715	906
1330	287		6240	Simon	Stephens	Islwyn Running Club	Male	714	
1331	288	96	6197	Rhiannon	Hale	Islwyn Running Club	Female	713	905
1332	289	97	5937	Leanne	Westacott	Llswerry Runners	Female	712	904
1341	290	98	5714	Donna	Stagg	Llswerry Runners	Female	711	903
1343	291	99	2185	Maria	English	Llswerry Runners	Female	710	902
1348	292	100	5666	Emma	Smith	Griffithstown Harriers	Female	709	901
1349	293	101	5359	Carys	Parr	Caerphilly Runners	Female	708	900
1355	294		6258	Ceri	Williams	Griffithstown Harriers	Male	707	
1360	295	102	5370	Emma	Pask	Islwyn Running Club	Female	706	899
1361	296	103	862	Lisa	Bateman	Llswerry Runners	Female	705	898
1366	297	104	1908	Jo	Daviss	Caerleon Running Club	Female	704	897
1372	298	105	1821	bernadette	davies	Caerleon Running Club	Female	703	896
1378	299	106	5742	Tracy	Strydom	Llswerry Runners	Female	702	895
1379	300		5090	Alex	Lohfink	Islwyn Running Club	Male	701	
1386	301	107	1108	Jenny	Bradfield	Griffithstown Harriers	Female	700	894
1396	302		5181	Simon	Melksham	Llswerry Runners	Male	699	
1398	303	108	6220	Roni	Margerison	Llswerry Runners	Female	698	893
1401	304		5957	Gary	Willcox	Pont-Y-Pwl & District Runners	Male	697	

CONTACT :  
Martyn Jenkins  
ewcrrc@gmail.com

RESULTS  
EAST WALES CLUBS ROAD RACE CHAMPIONSHIP  
NEWPORT HALF MARATHON  
SUNDAY 3rd MARCH 2019

22:06  
09/03/2019

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSITION	EWCRRC FEMALE TEAM POSITION	RACE NO	FIRSTNAME	LASTNAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1402	305	109	1976	Kay	Dixon	Islwyn Running Club	Female	696	892
1404	306	110	2297	Stephanie	Ferguson	Caerphilly Runners	Female	695	891
1408	307	111	1769	Alison	Davies	Lliswerry Runners	Female	694	890
1412	308	112	5058	Ann	Lewis	Caerleon Running Club	Female	693	889
1420	309	113	2548	Julia	Groombridge	Lliswerry Runners	Female	692	888
1422	310	114	1898	Liz	Davis	Lliswerry Runners	Female	691	887
1432	311		5107	Ian	Macrory	Lliswerry Runners	Male	690	
1435	312	115	1418	paula	Church	Caerphilly Runners	Female	689	886
1437	313		5519	Nigel	richards	Lliswerry Runners	Male	688	
1456	314	116	2301	shari	finch	Chepstow Harriers	Female	687	885
1457	315	117	5819	Ann	Timbrell	Caerleon Running Club	Female	686	884
1462	316		257	Michael	Faulds	Lliswerry Runners	Male	685	
1468	317	118	5476	Judy	Quick	Caerleon Running Club	Female	684	883
1475	318	119	1427	Helen	Clancy	Chepstow Harriers	Female	683	882
1476	319	120	5121	Sheree	Mann	Fairwater Runners Cwmbran	Female	682	881
1479	320	121	2669	Naomi	Hibberd	Lliswerry Runners	Female	681	880
1484	321	122	865	Julie	Bates	Lliswerry Runners	Female	680	879
1494	322	123	5221	Rachel	Morgan	Caerleon Running Club	Female	679	878
1495	323	124	6277	Sally	Seignot	Caerleon Running Club	Female	678	877
1500	324	125	2829	Rachel	Ingham	Lliswerry Runners	Female	677	876
1501	325	126	1487	Victoria	Coles	Pont-Y-Pwl & District Runners	Female	676	875
1502	326	127	2211	Sarah	Evans	Pont-Y-Pwl & District Runners	Female	675	874
1513	327	128	2890	Sian	Johnson	Islwyn Running Club	Female	674	873
1517	328	129	5485	Amanda	Ramshaw	Chepstow Harriers	Female	673	872
1518	329	130	2885	Anne	Jenner	Chepstow Harriers	Female	672	871
1519	330	131	719	Sue	Ashton	Chepstow Harriers	Female	671	870
1524	331		5473	Carl	Pugh	Caerleon Running Club	Male	670	
1551	332		6225	CARL	PEACOCK	Parc Bryn Bach Running Club	Male	669	
1553	333	132	1260	Ailsa	Burridge	Lliswerry Runners	Female	668	869
1559	334		5049	Michael	Lewis	Parc Bryn Bach Running Club	Male	667	
1573	335	133	1424	Madison	Clabon	Caerleon Running Club	Female	666	868
1575	336	134	1324	Louise	Carpenter	Pont-Y-Pwl & District Runners	Female	665	867
1583	337	135	2039	Lynda	Dursley	Lliswerry Runners	Female	664	866
1584	338	136	2850	Karen	James	Griffithstown Harriers	Female	663	865
1597	339	137	6026	Leeanne	Witcombe	Pont-Y-Pwl & District Runners	Female	662	864
1603	340	138	917	Pauline	Beckett	Caerleon Running Club	Female	661	863
1612	341	139	5761	Helen	Tamburello	Caerphilly Runners	Female	660	862
1625	342	140	6241	Leanne	Stephens	Islwyn Running Club	Female	659	861
1628	343	141	5393	Sian	Perry	Islwyn Running Club	Female	658	860
1630	344	142	5529	Lisa	Riddington	Chepstow Harriers	Female	657	859
1631	345	143	5324	Diane	Morgan	Islwyn Running Club	Female	656	858
1645	346	144	289	Nicola	Hambridge	Islwyn Running Club	Female	655	857
1664	347	145	5926	Sue	Webster	Lliswerry Runners	Female	654	856
1665	348	146	6222	Lisa	Nicholls	Lliswerry Runners	Female	653	855
1678	349	147	2584	Nikki	Hancox	Griffithstown Harriers	Female	652	854
1690	350	148	746	Ambreen	Badat	Lliswerry Runners	Female	651	853
1700	351	149	2089	catherine	Edwards	Griffithstown Harriers	Female	650	852
1703	352	150	5321	Claire	Orford	Caerleon Running Club	Female	649	851
1709	353	151	5325	Michelle	Osmond	Caerleon Running Club	Female	648	850
1713	354	152	658	Sian	Adey	Lliswerry Runners	Female	647	849
1718	355	153	5153	Ruth	McCarroll	Spirit Of Monmouth	Female	646	848
1723	356	154	1931	Ceri	Denning	Caldicot Running Club	Female	645	847
1730	357	155	5343	Rhiannon	Davies	Caerphilly Runners	Female	644	846
1731	358		5349	Andrew	Parker	Lliswerry Runners	Male	643	
1735	359		2511	robert	green	Islwyn Running Club	Male	642	
1744	360	156	2863	Susan	Jeffer	Pont-Y-Pwl & District Runners	Female	641	845
1748	361	157	5595	Phoebe	Russell	Lliswerry Runners	Female	640	844
1752	362	158	5085	Claire	Lloyd	Caerleon Running Club	Female	639	843
1756	363	159	5284	Sian	Nicholls	Lliswerry Runners	Female	638	842
1767	364	160	5279	Helen	Newton	Lliswerry Runners	Female	637	841
1778	365	161	5366	Kate	Parry-Jones	Lliswerry Runners	Female	636	840
1783	366	162	1949	Jane	Derrick	Caerleon Running Club	Female	635	839
1788	367	163	5934	Emily	Welsh	Islwyn Running Club	Female	634	838
1799	368	164	6083	Sue	Dryburgh	Spirit of Monmouth	Female	633	837
1802	369	165	2930	Sian	Jones	Lliswerry Runners	Female	632	836
1806	370	166	884	Sarah	Beach	Lliswerry Runners	Female	631	835
1808	371	167	2372	Hayley	Edwards	Lliswerry Runners	Female	630	834
1810	372	168	2925	Angharad	Jones	Caerphilly Runners	Female	629	833
1819	373	169	774	janice	baker	Pont-Y-Pwl & District Runners	Female	628	832
1821	374	170	1261	Sharron	Burridge	Chepstow Harriers	Female	627	831
1836	375	171	1326	Liz	Carpenter-Davies	Parc Bryn Bach Running Club	Female	626	830
1838	376		5943	Mr.Sydney J	Wheeler	Chepstow Harriers	Male	625	
1841	377	172	2060	Helen	Dymond	Chepstow Harriers	Female	624	829
1849	378	173	5702	Allison	Hughes	Griffithstown Harriers	Female	623	828
1860	379	174	1578	Tracy	Cooper	Caerleon Running Club	Female	622	827
1877	380	175	2819	Trudy	Hurford	Lliswerry Runners	Female	621	826

CONTACT :  
Martyn Jenkins  
ewcrrc@gmail.com

**BGAC CLUB 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1142	259	75	5792	Caroline	Thomas	Blaenau Gwent Athletics	Female	742	926
								742	

**BGAC CLUB 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	

**BGAC CLUB 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	

**BGAC FEMALE 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1142	259	75	5792	Caroline	Thomas	Blaenau Gwent Athletics	Female	742	926
									926

**BGAC FEMALE 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	

**BGAC FEMALE 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	



**CAERLEON RC CLUB 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
68	22		5239	chris	morgan	Caerleon Running Club	Male	979	
109	28		5539	Andrew	Wright	Caerleon Running Club	Male	973	
157	37	3	5877	jade	wakley	Caerleon Running Club	Female	964	998
190	42		2032	Kevin	Dupe	Caerleon Running Club	Male	959	
218	53		655	Paul	Adams	Caerleon Running Club	Male	948	
258	62	7	5769	Lowenna	Taylor	Caerleon Running Club	Female	939	994
								<b>5762</b>	

**CAERLEON RC CLUB 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
412	108		5963	Neil	Williams	Caerleon Running Club	Male	893	
427	114	19	2391	Tammy	Fry	Caerleon Running Club	Female	887	982
445	116		2975	JOHN	KERRY	Caerleon Running Club	Male	885	
446	117		2912	Ryan	Jones	Caerleon Running Club	Male	884	
522	134		2340	Christian	Ford	Caerleon Running Club	Male	867	
542	140		2235	Antony	Evans	Caerleon Running Club	Male	861	
								<b>5277</b>	

**CAERLEON RC CLUB 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
561	147	29	5214	Charlotte	Moran	Caerleon Running Club	Female	854	972
562	148		5458	Jason	pritchard	Caerleon Running Club	Male	853	
581	151	30	5970	Paula	Williams	Caerleon Running Club	Female	850	971
626	162	36	5520	Elizabeth	Richards	Caerleon Running Club	Female	839	965
664	167		2598	Wesley	Harris	Caerleon Running Club	Male	834	
746	185	44	5195	Sarah	Miles	Caerleon Running Club	Female	816	957
								<b>5046</b>	

**CAERLEON RC FEMALE 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
157	37	3	5877	jade	wakley	Caerleon Running Club	Female	964	998
258	62	7	5769	Lowenna	Taylor	Caerleon Running Club	Female	939	994
427	114	19	2391	Tammy	Fry	Caerleon Running Club	Female	887	982
561	147	29	5214	Charlotte	Moran	Caerleon Running Club	Female	854	972
581	151	30	5970	Paula	Williams	Caerleon Running Club	Female	850	971
626	162	36	5520	Elizabeth	Richards	Caerleon Running Club	Female	839	965
								<b>5882</b>	

**CAERLEON RC FEMALE 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
746	185	44	5195	Sarah	Miles	Caerleon Running Club	Female	816	957
760	190	47	6130	Fern	Powell	Caerleon Running Club	Female	811	954
813	197	51	5844	Hayley	Tunnacliffe	Caerleon Running Club	Female	804	950
956	224	58	5376	Karen	Payne	Caerleon Running Club	Female	777	943
1050	240	64	6093	julie	twist	Caerleon Running Club	Female	761	937
1059	241	65	1421	Michelle	Clabon	Caerleon Running Club	Female	760	936
								<b>5677</b>	

**CAERLEON RC FEMALE 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1068	243	66	5869	Yangi	Vundamina	Caerleon Running Club	Female	758	935
1141	258	74	5936	Rachel	West	Caerleon Running Club	Female	743	927
1275	278	89	2795	Shell	Hughes	Caerleon Running Club	Female	723	912
1366	297	104	1908	Jo	Daviss	Caerleon Running Club	Female	704	897
1372	298	105	1821	bernadette	davies	Caerleon Running Club	Female	703	896
1412	308	112	5058	Ann	Lewis	Caerleon Running Club	Female	693	889
								<b>5456</b>	

**CAERPHILLY RUNNERS CLUB 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
22	7		6198	David	Hazell	Caerphilly Runners	Male	994	
42	12		6247	Daniel	Thrift	Caerphilly Runners	Male	989	
57	17		2826	Alexander	Hutton-Lewis	Caerphilly Runners	Male	984	
122	30		2481	Matthew	Golledge	Caerphilly Runners	Male	971	
220	54		6300	Victor	Chip	Caerphilly Runners	Male	947	
268	65	8	1752	Emma	Edwards	Caerphilly Runners	Female	936	993
								<b>5821</b>	

**CAERPHILLY RUNNERS CLUB 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
270	66		5978	Stephen	williams	Caerphilly Runners	Male	935	
292	76		2823	Nicholas	hurley	Caerphilly Runners	Male	925	
387	101		5054	Robert	Lewis	Caerphilly Runners	Male	900	
413	109		2792	Arwel	Hughes	Caerphilly Runners	Male	892	
417	110	17	1871	Naomi	Davies	Caerphilly Runners	Female	891	984
418	111		6218	Andrew	Little	Caerphilly Runners	Male	890	
								<b>5433</b>	

**CAERPHILLY RUNNERS CLUB 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
487	127		5013	Richard	Hazell	Caerphilly Runners	Male	874	
519	133	25	576	Sara	Williams	Caerphilly Runners	Female	868	976
525	136		2832	Ceri	Irvine	Caerphilly Runners	Male	865	
539	139		5414	Andy	Piper	Caerphilly Runners	Male	862	
605	158	34	5722	Jayne	Stephens	Caerphilly Runners	Female	843	967
701	175	40	5985	Alison	Williams	Caerphilly Runners	Female	826	961
								<b>5138</b>	

**CAERPHILLY RUNNERS FEMALE 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
268	65	8	1752	Emma	Edwards	Caerphilly Runners	Female	936	993
417	110	17	1871	Naomi	Davies	Caerphilly Runners	Female	891	984
519	133	25	576	Sara	Williams	Caerphilly Runners	Female	868	976
605	158	34	5722	Jayne	Stephens	Caerphilly Runners	Female	843	967
701	175	40	5985	Alison	Williams	Caerphilly Runners	Female	826	961
1083	249	69	5007	Sophie	Knight	Caerphilly Runners	Female	752	932
								<b>5813</b>	

**CAERPHILLY RUNNERS FEMALE 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1312	284	93	2534	Claire	Griffiths	Caerphilly Runners	Female	717	908
1324	286	95	2591	anita	harper	Caerphilly Runners	Female	715	906
1349	293	101	5359	Carys	Parr	Caerphilly Runners	Female	708	900
1404	306	110	2297	Stephanie	Ferguson	Caerphilly Runners	Female	695	891
1435	312	115	1418	paula	Church	Caerphilly Runners	Female	689	886
1612	341	139	5761	Helen	Tamburello	Caerphilly Runners	Female	660	862
								<b>5353</b>	

**CAERPHILLY RUNNERS FEMALE 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1730	357	155	5343	Rhiannon	Davies	Caerphilly Runners	Female	644	846
1810	372	168	2925	Angharad	Jones	Caerphilly Runners	Female	629	833
								<b>1679</b>	

**CALDICOT RC CLUB 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
134	31		6180	CJ	de Mooi	Caldicot Running Club	Male	970	
274	69		5493	Nathan	Reeks	Caldicot Running Club	Male	932	
275	70	9	5101	Katy	Luff	Caldicot Running Club	Female	931	992
276	71		5946	David	Wherry	Caldicot Running Club	Male	930	
302	81		5873	Damian	Waite	Caldicot Running Club	Male	920	
310	84		885	Richard	Beach	Caldicot Running Club	Male	917	
								5600	

**CALDICOT RC CLUB 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
553	144	27	5834	Emma	Tracey	Caldicot Running Club	Female	857	974
1030	235		887	Tom	Beale	Caldicot Running Club	Male	766	
1043	239	63	5712	Emma	Spuffard	Caldicot Running Club	Female	762	938
1723	356	154	1931	Ceri	Denning	Caldicot Running Club	Female	645	847
								3030	

**CALDICOT RC CLUB 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	

**CALDICOT RC FEMALE 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
275	70	9	5101	Katy	Luff	Caldicot Running Club	Female	931	992
553	144	27	5834	Emma	Tracey	Caldicot Running Club	Female	857	974
1043	239	63	5712	Emma	Spuffard	Caldicot Running Club	Female	762	938
1723	356	154	1931	Ceri	Denning	Caldicot Running Club	Female	645	847
								3751	

**CALDICOT RC FEMALE 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	

**CALDICOT RC FEMALE 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	

**CHEPSTOW HARRIERS CLUB 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
17	5		6024	Martyn	Winser	Chepstow Harriers	Male	996	
29	8		5271	Paul	Murrin	Chepstow Harriers	Male	993	
76	24		2517	Jonathan	Carter	Chepstow Harriers	Male	977	
144	32		825	Jamie	Goddard	Chepstow Harriers	Male	969	
233	58		6172	Laurie	Carter	Chepstow Harriers	Male	943	
372	96		872	Mark	Batten	Chepstow Harriers	Male	905	
								<b>5783</b>	

**CHEPSTOW HARRIERS CLUB 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
396	102	16	2861	Lisa	Jeffrey	Chepstow Harriers	Female	899	985
420	112		5530	Tom	Riddington	Chepstow Harriers	Male	889	
527	138	26	5753	Kim	Cawardine	Chepstow Harriers	Female	863	975
580	150		5309	Andrew	Oliver	Chepstow Harriers	Male	851	
606	159		2697	Richard	Hipkiss	Chepstow Harriers	Male	842	
620	161		5924	Don	Webber	Chepstow Harriers	Male	840	
								<b>5184</b>	

**CHEPSTOW HARRIERS CLUB 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
810	196	50	5752	Kirsten	Suttill	Chepstow Harriers	Female	805	951
832	201		713	Gerard	Ashton	Chepstow Harriers	Male	800	
954	223	57	5750	Pamela	Suter	Chepstow Harriers	Female	778	944
985	228		5506	Brett	Regulski	Chepstow Harriers	Male	773	
1022	234	60	5417	Rachel	Plowman	Chepstow Harriers	Female	767	941
1036	237	61	1794	Bridget	Davies	Chepstow Harriers	Female	764	940
								<b>4687</b>	

**CHEPSTOW HARRIERS FEMALE 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
396	102	16	2861	Lisa	Jeffrey	Chepstow Harriers	Female	899	985
527	138	26	5753	Kim	Cawardine	Chepstow Harriers	Female	863	975
810	196	50	5752	Kirsten	Suttill	Chepstow Harriers	Female	805	951
954	223	57	5750	Pamela	Suter	Chepstow Harriers	Female	778	944
1022	234	60	5417	Rachel	Plowman	Chepstow Harriers	Female	767	941
1036	237	61	1794	Bridget	Davies	Chepstow Harriers	Female	764	940
								<b>5736</b>	

**CHEPSTOW HARRIERS FEMALE 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1155	262	78	5781	Michelle	Taylor	Chepstow Harriers	Female	739	923
1456	314	116	2301	shari	finch	Chepstow Harriers	Female	687	885
1475	318	119	1427	Helen	Clancy	Chepstow Harriers	Female	683	882
1517	328	129	5485	Amanda	Ramshaw	Chepstow Harriers	Female	673	872
1518	329	130	2885	Anne	Jenner	Chepstow Harriers	Female	672	871
1519	330	131	719	Sue	Ashton	Chepstow Harriers	Female	671	870
								<b>5303</b>	

**CHEPSTOW HARRIERS FEMALE 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1630	344	142	5529	Lisa	Riddington	Chepstow Harriers	Female	657	859
1821	374	170	1261	Sharron	Burridge	Chepstow Harriers	Female	627	831
1841	377	172	2060	Helen	Dymond	Chepstow Harriers	Female	624	829
								<b>2519</b>	

**EBBW VALE RC CLUB 'A' TEAM**

NEWPORT HM POSITION	EWCRCR CLUB TEAM POSTION	EWCRCR FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRCR CLUB TEAM POINTS	EWCRCR FEMALE TEAM POINTS
787	193		2898	John	Johnston	Ebbw Vale Running Club	Male	808	

808

**EBBW VALE RC CLUB 'B' TEAM**

NEWPORT HM POSITION	EWCRCR CLUB TEAM POSTION	EWCRCR FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRCR CLUB TEAM POINTS	EWCRCR FEMALE TEAM POINTS

0

**EBBW VALE RC CLUB 'C' TEAM**

NEWPORT HM POSITION	EWCRCR CLUB TEAM POSTION	EWCRCR FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRCR CLUB TEAM POINTS	EWCRCR FEMALE TEAM POINTS

0

**EBBW VALE RC FEMALE 'A' TEAM**

NEWPORT HM POSITION	EWCRCR CLUB TEAM POSTION	EWCRCR FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRCR CLUB TEAM POINTS	EWCRCR FEMALE TEAM POINTS

0

**EBBW VALE RC FEMALE 'B' TEAM**

NEWPORT HM POSITION	EWCRCR CLUB TEAM POSTION	EWCRCR FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRCR CLUB TEAM POINTS	EWCRCR FEMALE TEAM POINTS

0

**EBBW VALE RC FEMALE 'C' TEAM**

NEWPORT HM POSITION	EWCRCR CLUB TEAM POSTION	EWCRCR FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRCR CLUB TEAM POINTS	EWCRCR FEMALE TEAM POINTS

0

**FAIRWATER RUNNERS CWMBRAN CLUB 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
313	87		2482	Malc	Gonnella	Fairwater Runners Cwmbbran	Male	914	
376	97		5466	Mark	Prosser	Fairwater Runners Cwmbbran	Male	904	
590	154	32	2879	JEANETTE	Jenkins	Fairwater Runners Cwmbbran	Female	847	969
591	155		5668	Stephen	Smith	Fairwater Runners Cwmbbran	Male	846	
682	173		5267	Timothy	Murphy	Fairwater Runners Cwmbbran	Male	828	
752	187	46	1315	Kelly	Cameron	Fairwater Runners Cwmbbran	Female	814	955
								<b>5153</b>	

**FAIRWATER RUNNERS CWMBRAN CLUB 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
769	191	48	5070	Jane	Lewis	Fairwater Runners Cwmbbran	Female	810	953
840	204		768	Andy	Baker	Fairwater Runners Cwmbbran	Male	797	
1188	270		1476	peter	Colbourne	Fairwater Runners Cwmbbran	Male	731	
1476	319	120	5121	Sheree	Mann	Fairwater Runners Cwmbbran	Female	682	881
								<b>3020</b>	

**FAIRWATER RUNNERS CWMBRAN CLUB 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								<b>0</b>	

**FAIRWATER RUNNERS CWMBRAN FEMALE 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
590	154	32	2879	JEANETTE	Jenkins	Fairwater Runners Cwmbbran	Female	847	969
752	187	46	1315	Kelly	Cameron	Fairwater Runners Cwmbbran	Female	814	955
769	191	48	5070	Jane	Lewis	Fairwater Runners Cwmbbran	Female	810	953
1476	319	120	5121	Sheree	Mann	Fairwater Runners Cwmbbran	Female	682	881
								<b>3758</b>	

**FAIRWATER RUNNERS CWMBRAN FEMALE 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								<b>0</b>	

**FAIRWATER RUNNERS CWMBRAN FEMALE 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								<b>0</b>	

**GRIFFITHSTOWN HARRIERS CLUB 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
237	59		5379	Andrew	Pearce	Griffithstown Harriers	Male	942	
271	67		5888	Nicholas	Walsh	Griffithstown Harriers	Male	934	
311	85		5701	Andrew	Spencer	Griffithstown Harriers	Male	916	
523	135		5930	Peter	Welbirg	Griffithstown Harriers	Male	866	
677	172	39	5191	Natalie	Meyrick	Griffithstown Harriers	Female	829	962
751	186	45	2497	Daniela	Gormley	Griffithstown Harriers	Female	815	956
								<b>5302</b>	

**GRIFFITHSTOWN HARRIERS CLUB 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
819	199		2974	lyndon	kenney	Griffithstown Harriers	Male	802	
859	208		2581	Paul	Hancox	Griffithstown Harriers	Male	793	
1310	283		1371	Dafydd	Challenger	Griffithstown Harriers	Male	718	
1348	292	100	5666	Emma	Smith	Griffithstown Harriers	Female	709	901
1355	294		6258	Ceri	Williams	Griffithstown Harriers	Male	707	
1386	301	107	1108	Jenny	Bradfield	Griffithstown Harriers	Female	700	894
								<b>4429</b>	

**GRIFFITHSTOWN HARRIERS CLUB 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1584	338	136	2850	Karen	James	Griffithstown Harriers	Female	663	865
1678	349	147	2584	Nikki	Hancox	Griffithstown Harriers	Female	652	854
1700	351	149	2089	catherine	Edwards	Griffithstown Harriers	Female	650	852
1849	378	173	5702	Allison	Hughes	Griffithstown Harriers	Female	623	828
								<b>2588</b>	

**GRIFFITHSTOWN HARRIERS FEMALE 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
677	172	39	5191	Natalie	Meyrick	Griffithstown Harriers	Female	829	962
751	186	45	2497	Daniela	Gormley	Griffithstown Harriers	Female	815	956
1348	292	100	5666	Emma	Smith	Griffithstown Harriers	Female	709	901
1386	301	107	1108	Jenny	Bradfield	Griffithstown Harriers	Female	700	894
1584	338	136	2850	Karen	James	Griffithstown Harriers	Female	663	865
1678	349	147	2584	Nikki	Hancox	Griffithstown Harriers	Female	652	854
								<b>5432</b>	

**GRIFFITHSTOWN HARRIERS FEMALE 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1700	351	149	2089	catherine	Edwards	Griffithstown Harriers	Female	650	852
1849	378	173	5702	Allison	Hughes	Griffithstown Harriers	Female	623	828
								<b>1680</b>	

**GRIFFITHSTOWN HARRIERS FEMALE 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								<b>0</b>	

**ISLWYN RC CLUB 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
45	13		5022	Steven	Lane	Islwyn Running Club	Male	988	
50	14		2642	Paul	Hayward	Islwyn Running Club	Male	987	
200	45		5900	Dorian	Waters	Islwyn Running Club	Male	956	
231	57		6269	Sam	Harvey	Islwyn Running Club	Male	944	
285	72		5644	Luc	Shide	Islwyn Running Club	Male	929	
291	75		6272	Neil	Profit	Islwyn Running Club	Male	926	
								<b>5730</b>	

**ISLWYN RC CLUB 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
602	157		5353	Neill	Parker	Islwyn Running Club	Male	844	
634	163	37	5230	Melissa	Morgan	Islwyn Running Club	Female	838	964
670	168		2838	Paul	Ivin	Islwyn Running Club	Male	833	
671	169		5043	Craig	Lehaj	Islwyn Running Club	Male	832	
720	179		5449	Kerry	Price	Islwyn Running Club	Male	822	
743	183	42	1429	Sheryl	Clark	Islwyn Running Club	Female	818	959
								<b>4987</b>	

**ISLWYN RC CLUB 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
745	184	43	5600	Louise	Saddler	Islwyn Running Club	Female	817	958
782	192		5591	Jason	Russell	Islwyn Running Club	Male	809	
895	216		6166	Carl	Brace	Islwyn Running Club	Male	785	
1037	238	62	5352	Caren	Parker	Islwyn Running Club	Female	763	939
1063	242		5076	David	Limbrick	Islwyn Running Club	Male	759	
1138	257	73	2716	Kirsty	Holtham-Morgan	Islwyn Running Club	Female	744	928
								<b>4677</b>	

**ISLWYN RC FEMALE 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
634	163	37	5230	Melissa	Morgan	Islwyn Running Club	Female	838	964
743	183	42	1429	Sheryl	Clark	Islwyn Running Club	Female	818	959
745	184	43	5600	Louise	Saddler	Islwyn Running Club	Female	817	958
1037	238	62	5352	Caren	Parker	Islwyn Running Club	Female	763	939
1138	257	73	2716	Kirsty	Holtham-Morgan	Islwyn Running Club	Female	744	928
1331	288	96	6197	Rhiannon	Hale	Islwyn Running Club	Female	713	905
								<b>5653</b>	

**ISLWYN RC FEMALE 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1360	295	102	5370	Emma	Pask	Islwyn Running Club	Female	706	899
1402	305	109	1976	Kay	Dixon	Islwyn Running Club	Female	696	892
1513	327	128	2890	Sian	Johnson	Islwyn Running Club	Female	674	873
1625	342	140	6241	Leanne	Stephens	Islwyn Running Club	Female	659	861
1628	343	141	5393	Sian	Perry	Islwyn Running Club	Female	658	860
1631	345	143	5324	Diane	Morgan	Islwyn Running Club	Female	656	858
								<b>5243</b>	

**ISLWYN RC FEMALE 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1645	346	144	289	Nicola	Hambridge	Islwyn Running Club	Female	655	857
1788	367	163	5934	Emily	Welsh	Islwyn Running Club	Female	634	838
								<b>1289</b>	



**Lliswerry Runners CLUB ' A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
13	4		2138	Richard	Elgar	Lliswerry Runners	Male	997	
21	6		2008	Lee	Drew	Lliswerry Runners	Male	995	
36	9		5008	Rhys	Knight	Lliswerry Runners	Male	992	
38	11		2605	Oliver	Harris	Lliswerry Runners	Male	990	
51	15		922	Jon	Belcher	Lliswerry Runners	Male	986	
55	16		5938	Daniel	Whaites	Lliswerry Runners	Male	985	

**5945**

**Lliswerry Runners CLUB ' B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
61	19		6291	James	Kershaw- Naylor	Lliswerry Runners	Male	982	
62	20	1	6037	Emma	Wookey	Lliswerry Runners	Female	981	1000
67	21		5509	Dan	Reilly	Lliswerry Runners	Male	980	
95	27		2460	Simon	Gill	Lliswerry Runners	Male	974	
116	29		841	Richard	Basham	Lliswerry Runners	Male	972	
146	33	2	1966	Elizabeth	Dimond	Lliswerry Runners	Female	968	999

**5857**

**Lliswerry Runners CLUB ' C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
151	34		6207	Kraig	Jackson	Lliswerry Runners	Male	967	
153	35		5927	Sam	Skelton	Lliswerry Runners	Male	966	
154	36		1172	David	Brown	Lliswerry Runners	Male	965	
167	39		5427	Christopher	Potter	Lliswerry Runners	Male	962	
170	40	4	6107	Sian	Loveless	Lliswerry Runners	Female	961	997
179	41		2609	Paul	Harris	Lliswerry Runners	Male	960	

**5781**

**Lliswerry Runners FEMALE ' A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
62	20	1	6037	Emma	Wookey	Lliswerry Runners	Female	981	1000
146	33	2	1966	Elizabeth	Dimond	Lliswerry Runners	Female	968	999
170	40	4	6107	Sian	Loveless	Lliswerry Runners	Female	961	997
208	48	5	1615	Clare	Corten	Lliswerry Runners	Female	953	996
216	52	6	1062	Rachel	Bowen	Lliswerry Runners	Female	949	995
294	78	11	5027	Sarah	Lauder	Lliswerry Runners	Female	923	990

**5977**

**Lliswerry Runners FEMALE ' B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
312	86	12	5605	Sammi	Toop	Lliswerry Runners	Female	915	989
422	113	18	5430	Angela	potter-collins	Lliswerry Runners	Female	888	983
433	115	20	6184	Nettie	Dumayne	Lliswerry Runners	Female	886	981
462	119	21	2972	Sarah	Kembrey	Lliswerry Runners	Female	882	980
471	122	22	966	Clare	Biddlecombe	Lliswerry Runners	Female	879	979
511	130	24	2478	Tamanda Tc	Godwin	Lliswerry Runners	Female	871	977

**5889**

**Lliswerry Runners FEMALE ' C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
676	171	38	2896	michelle	johnston	Lliswerry Runners	Female	830	963
794	195	49	5853	sue	Urbano	Lliswerry Runners	Female	806	952
818	198	52	5273	Louise	Muteham	Lliswerry Runners	Female	803	949
854	206	53	5118	Emma	Maloney	Lliswerry Runners	Female	795	948
861	209	54	6232	Melanie	Shipton	Lliswerry Runners	Female	792	947
871	212	55	2021	Kelly	Driscoll	Lliswerry Runners	Female	789	946

**5705**

**MMRT CLUB ' A ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1	1		1320	Chris	Carpanini	Micky Morris Racing Team	Male	1000	
4	2		2134	James	Elgar	Micky Morris Racing Team	Male	999	
8	3		6298	Stefan	Simms	Micky Morris Racing Team	Male	998	
58	18		2530	Iestyn	Rhodes	Micky Morris Racing Team	Male	983	
								3980	

**MMRT CLUB ' B ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	

**MMRT CLUB ' C ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	

**MMRT FEMALE ' A ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	

**MMRT FEMALE ' B ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	

**MMRT FEMALE ' C ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	

**MDC CLUB ' A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
78 224	25 56		6088 1290	Rhys mark	Williams buxton	Mynyddwyr De Cymru Mynyddwyr De Cymru	Male Male	976 945	

1921

**MDC CLUB ' B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS

0

**MDC CLUB ' C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS

0

**MDC FEMALE ' A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS

0

**MDC FEMALE ' B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS

0

**MDC FEMALE ' C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS

0

**PARC BRYN BACH RC CLUB 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
301	80		5399	Steven	phillips	Parc Bryn Bach Running Club	Male	921	
338	93	14	5448	Kimberley	Price	Parc Bryn Bach Running Club	Female	908	987
964	225	59	2573	Katie	Hamer	Parc Bryn Bach Running Club	Female	776	942
1162	266	82	6102	kathryn	price	Parc Bryn Bach Running Club	Female	735	919
1195	274		6101	Stephen	Whelband	Parc Bryn Bach Running Club	Male	727	
1551	332		6225	CARL	PEACOCK	Parc Bryn Bach Running Club	Male	669	
								<b>4736</b>	

**PARC BRYN BACH RC CLUB 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1559	334		5049	Michael	Lewis	Parc Bryn Bach Running Club	Male	667	
1836	375	171	1326	Liz	Carpenter-Davies	Parc Bryn Bach Running Club	Female	626	830
								<b>1293</b>	

**PARC BRYN BACH RC CLUB 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								<b>0</b>	

**PARC BRYN BACH RC FEMALE 'A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
338	93	14	5448	Kimberley	Price	Parc Bryn Bach Running Club	Female	908	987
964	225	59	2573	Katie	Hamer	Parc Bryn Bach Running Club	Female	776	942
1162	266	82	6102	kathryn	price	Parc Bryn Bach Running Club	Female	735	919
1836	375	171	1326	Liz	Carpenter-Davies	Parc Bryn Bach Running Club	Female	626	830
								<b>3678</b>	

**PARC BRYN BACH RC FEMALE 'B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								<b>0</b>	

**PARC BRYN BACH RC FEMALE 'C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								<b>0</b>	

**PONTYPOOL CLUB ' A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
91	26		6202	craig	hopkins	Pont-Y-Pwl & District Runners	Male	975	
164	38		5854	Carl	Urquhart	Pont-Y-Pwl & District Runners	Male	963	
211	49		777	Shane	Baker	Pont-Y-Pwl & District Runners	Male	952	
214	51		1758	Gareth	Davies	Pont-Y-Pwl & District Runners	Male	950	
273	68		5719	Martin	Stark	Pont-Y-Pwl & District Runners	Male	933	
332	91		5025	Keith	langley	Pont-Y-Pwl & District Runners	Male	910	
								<b>5683</b>	

**PONTYPOOL CLUB ' B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
363	94		5918	Ricci	Watts	Pont-Y-Pwl & District Runners	Male	907	
478	124		2625	Paul	Harvey	Pont-Y-Pwl & District Runners	Male	877	
486	126		2305	Simon	Fish	Pont-Y-Pwl & District Runners	Male	875	
501	129		5461	Michael	Probert	Pont-Y-Pwl & District Runners	Male	872	
557	145		5006	Jonathan	Knight	Pont-Y-Pwl & District Runners	Male	856	
558	146	28	6234	Nicola	Smith	Pont-Y-Pwl & District Runners	Female	855	973
								<b>5242</b>	

**PONTYPOOL CLUB ' C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
572	149		1677	Alistair	Cummings	Pont-Y-Pwl & District Runners	Male	852	
582	152	31	5523	Bethan	Richardson	Pont-Y-Pwl & District Runners	Female	849	970
583	153		5525	David	Richardson	Pont-Y-Pwl & District Runners	Male	848	
593	156	33	5911	Jennifer	Watkins	Pont-Y-Pwl & District Runners	Female	845	968
892	215		2847	Shane	James	Pont-Y-Pwl & District Runners	Male	786	
906	220	56	5696	Karen	southgate	Pont-Y-Pwl & District Runners	Female	781	945
								<b>4961</b>	

**PONTYPOOL FEMALE ' A' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
558	146	28	6234	Nicola	Smith	Pont-Y-Pwl & District Runners	Female	855	973
582	152	31	5523	Bethan	Richardson	Pont-Y-Pwl & District Runners	Female	849	970
593	156	33	5911	Jennifer	Watkins	Pont-Y-Pwl & District Runners	Female	845	968
906	220	56	5696	Karen	southgate	Pont-Y-Pwl & District Runners	Female	781	945
1081	248	68	1705	Melinda	Daley	Pont-Y-Pwl & District Runners	Female	753	933
1102	253	71	2485	Michelle	Gooch	Pont-Y-Pwl & District Runners	Female	748	930
								<b>5719</b>	

**PONTYPOOL FEMALE ' B' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1208	275	86	5358	Katherine	Parkinson	Pont-Y-Pwl & District Runners	Female	726	915
1261	277	88	5228	Kay	Morgan	Pont-Y-Pwl & District Runners	Female	724	913
1295	282	92	6275	Jayne	Walters	Pont-Y-Pwl & District Runners	Female	719	909
1501	325	126	1487	Victoria	Coles	Pont-Y-Pwl & District Runners	Female	676	875
1502	326	127	2211	Sarah	Evans	Pont-Y-Pwl & District Runners	Female	675	874
1575	336	134	1324	Louise	Carpenter	Pont-Y-Pwl & District Runners	Female	665	867
								<b>5353</b>	

**PONTYPOOL FEMALE ' C' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1597	339	137	6026	Leeanne	Witcombe	Pont-Y-Pwl & District Runners	Female	662	864
1744	360	156	2863	Susan	Jeffer	Pont-Y-Pwl & District Runners	Female	641	845
1819	373	169	774	janice	baker	Pont-Y-Pwl & District Runners	Female	628	832
								<b>2541</b>	

**MONMOUTH CLUB ' A ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
37	10		5179	Rob	Nicholls	Spirit of Monmouth	Male	991	
71	23		5180	Allan	meeke	Spirit Of Monmouth	Male	978	
288	73	10	2995	EMMA	KING	Spirit Of Monmouth	Female	928	991
293	77		5142	David	Mather	Spirit Of Monmouth	Male	924	
319	88		1005	Martin	Blakebrough	Spirit Of Monmouth	Male	913	
322	89	13	5106	Lucy	MacDonald	Spirit of Monmouth	Female	912	988
								<b>5646</b>	

**MONMOUTH CLUB ' B ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
326	90		2287	Luke	Felton	Spirit of monmouth	Male	911	
382	98	15	2839	Claire	Jackson	Spirit Of Monmouth	Female	903	986
477	123		5488	Richard	Rawlings	Spirit Of Monmouth	Male	878	
617	160	35	6041	Marina	Wright	Spirit Of Monmouth	Female	841	966
1071	245		2688	Andy	Hillis	Spirit Of Monmouth	Male	756	
1718	355	153	5153	Ruth	McCarroll	Spirit Of Monmouth	Female	646	848
								<b>4935</b>	

**MONMOUTH CLUB ' C ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
1799	368	164	6083	Sue	Dryburgh	Spirit of Monmouth	Female	633	837
								<b>633</b>	

**MONMOUTH FEMALE ' A ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
288	73	10	2995	EMMA	KING	Spirit Of Monmouth	Female	928	991
322	89	13	5106	Lucy	MacDonald	Spirit of Monmouth	Female	912	988
382	98	15	2839	Claire	Jackson	Spirit Of Monmouth	Female	903	986
617	160	35	6041	Marina	Wright	Spirit Of Monmouth	Female	841	966
1718	355	153	5153	Ruth	McCarroll	Spirit Of Monmouth	Female	646	848
1799	368	164	6083	Sue	Dryburgh	Spirit of Monmouth	Female	633	837
								<b>5616</b>	

**MONMOUTH FEMALE ' B ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								<b>0</b>	

**MONMOUTH FEMALE ' C ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								<b>0</b>	

**USK RC CLUB ' A ' TEAM**

NEWPORT HM POSITION	EWCRR CLUB TEAM POSTION	EWCRR FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRR CLUB TEAM POINTS	EWCRR FEMALE TEAM POINTS
526	137		5879	Neil	Walker	Usk Runners	Male	864	
755	188		5582	Nick	Anderson	Usk Runners	Male	813	

1677

**USK RC CLUB ' B ' TEAM**

NEWPORT HM POSITION	EWCRR CLUB TEAM POSTION	EWCRR FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRR CLUB TEAM POINTS	EWCRR FEMALE TEAM POINTS

0

**USK RC CLUB ' C ' TEAM**

NEWPORT HM POSITION	EWCRR CLUB TEAM POSTION	EWCRR FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRR CLUB TEAM POINTS	EWCRR FEMALE TEAM POINTS

0

**USK RC FEMALE ' A ' TEAM**

NEWPORT HM POSITION	EWCRR CLUB TEAM POSTION	EWCRR FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRR CLUB TEAM POINTS	EWCRR FEMALE TEAM POINTS

0

**USK RC FEMALE ' B ' TEAM**

NEWPORT HM POSITION	EWCRR CLUB TEAM POSTION	EWCRR FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRR CLUB TEAM POINTS	EWCRR FEMALE TEAM POINTS

0

**USK RC FEMALE ' C ' TEAM**

NEWPORT HM POSITION	EWCRR CLUB TEAM POSTION	EWCRR FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRR CLUB TEAM POINTS	EWCRR FEMALE TEAM POINTS

0

**YSTRAD MYNACH RC CLUB ' A ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
400	103		5919	Graham	Wearne	Ystrad Mynach Running Club	Male	898	
466	120		5213	Mike	Moore	Ystrad Mynach Running Club	Male	881	
488	128	23	5212	Jennifer	Moore	Ystrad Mynach Running Club	Female	873	978
712	177	41	2849	Claire	James	Ystrad Mynach Running Club	Female	824	960
1134	255		877	Karl	Baynton	Ystrad Mynach Running Club	Male	746	
								<b>4222</b>	

**YSTRAD MYNACH RC CLUB ' B ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	

**YSTRAD MYNACH RC CLUB ' C ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	

**YSTRAD MYNACH RC FEMALE ' A ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
488	128	23	5212	Jennifer	Moore	Ystrad Mynach Running Club	Female	873	978
712	177	41	2849	Claire	James	Ystrad Mynach Running Club	Female	824	960
								<b>1938</b>	

**YSTRAD MYNACH RC FEMALE ' B ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	

**YSTRAD MYNACH RC FEMALE ' C ' TEAM**

NEWPORT HM POSITION	EWCRRC CLUB TEAM POSTION	EWCRRC FEMALE TEAM POSTION	RACE NO	FIRST NAME	LAST NAME	CLUB	CATEGORY	EWCRRC CLUB TEAM POINTS	EWCRRC FEMALE TEAM POINTS
								0	